



Charlie Crist  
Governor

Ana M. Viamonte Ros, M.D., M.P.H.  
State Surgeon General

---

**MARTIN COUNTY HEALTH DEPARTMENT**

---

April 9, 2010

Media Contact: Renay Rouse  
(772) 631-6008

## **“TALK, TEST & TREAT” TO PREVENT THE SPREAD OF SEXUALLY TRANSMITTED DISEASES**

### **April is STD Awareness Month**

The Martin County Health Department is joining the effort to promote STD awareness during the month of April.

Approximately 19 million new sexually transmitted diseases occur in the United States each year. In 2008, Florida provisionally reported nearly 97,000 cases of sexually transmitted illness with approximately 66% of those cases occurring in individuals ages 15 – 24.

STDs include human papillomavirus, herpes simplex virus, chlamydia, gonorrhea, trichomoniasis, syphilis and HIV. Bacterial STDs, particularly Chlamydia and gonorrhea can lead to pelvic inflammatory disease (PID). PID increases the risk of infertility and ectopic pregnancy.

Most STDs are easily diagnosed and treated, but often have no symptoms and go undetected.

### **Use the “3Ts” to Prevent the Spread of STDs.**

**TALK:** Talk to your partner and your health care provider about risk factors, safer sex methods and testing.

**TEST:** Make an appointment for STD testing with you health care provider or local health department.

**TREAT:** Treat the disease to avoid more health problems.

## **The Martin County Health Department STD Outreach Events: Information & Testing**

For more information call: 221-4030

**Wed. April 21**  
9:30 am – 2:00 pm

City of Stuart – Recreation Dept.  
201 SW Flagler Ave, Stuart

**Sunday, April 25**  
1:00 pm – 4:00 pm

St. Joseph Catholic Church  
1200 E. 10<sup>th</sup> Street, Stuart

###